

Milan
5-6 September
2019

Università degli Studi di Milano



1st Adult Cystic Fibrosis International Workshop



Adult Cystic Fibrosis

President

Francesco Blasi (Italy)

Scientific and Organising Committee

Stefano Aliberti (Italy)

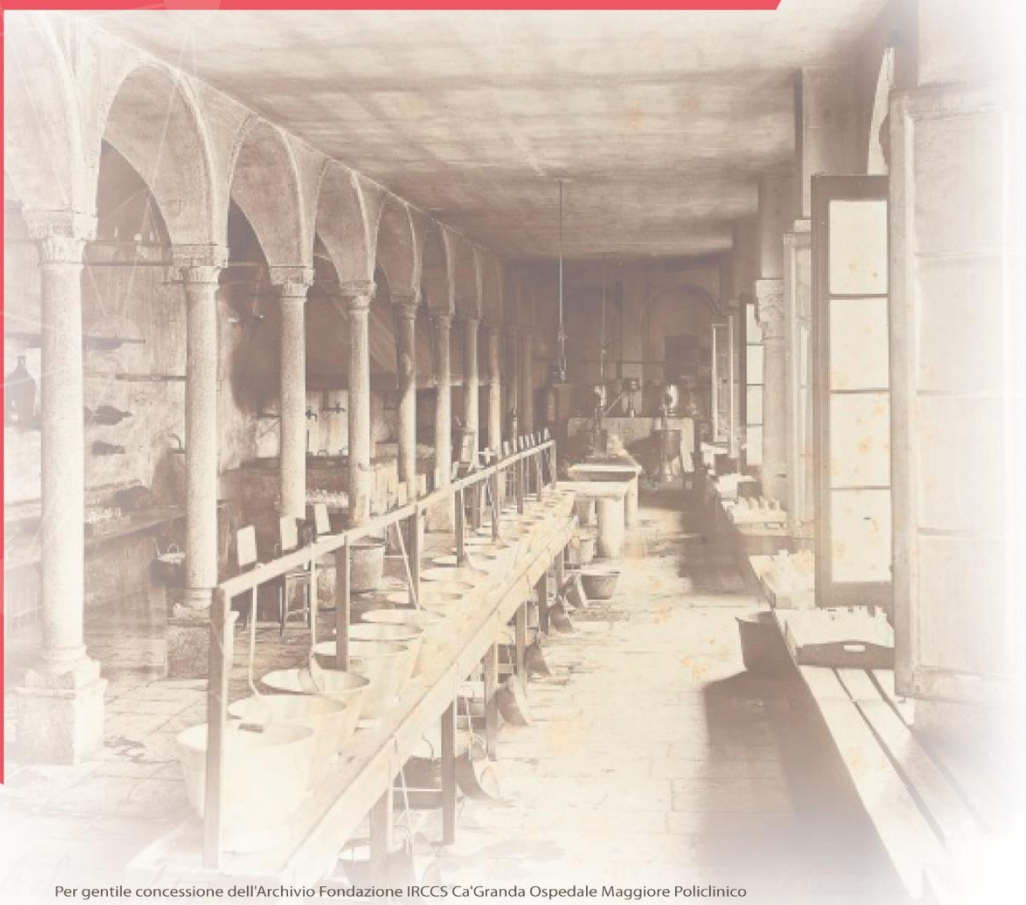
Carla Colombo (Italy)

Stuart Elborn (UK)

Paolo Palange (Italy)

Valeria Raia (Italy)

Michal Shteinberg (Israel)



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www.adultcysticfibrosis.org

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WELCOME LETTER

Dear Colleagues,

It is our great pleasure for me to invite you to participate, and more importantly to contribute to the **1st Adult Cystic Fibrosis International Workshop**.

In the past thinking of dedicating a whole International Congress to Adult Cystic Fibrosis would have been considered a utopia, but, in the last decades, the new epidemiology and the advancement in diagnosis, therapies and treatments have made this topic worth of a dedicate and deep attention.

The aim of the project is to gather the researchers and clinicians specialized in cystic fibrosis to discuss in depth of the critical issues connected with the management of the pathology in adult age.

The Workshop will take place from **September 5th to September 6th, 2019**, in the prestigious venue of the **University of Milan**.

Thanks to the important goals reached in the last years and looking at the new perspectives for life management of patients with Cystic Fibrosis, we look forward that this meeting can become a traditional appointment, to support always new approaches, treatments and frontiers for Cystic Fibrosis.

Joining forces, exchanging clinical experiences, sharing data and instruments, creating a network of active experts in the field are the main goals of the conference.

For this reason, we would be delighted to Welcome you in Milan for the **1st Adult Cystic Fibrosis International Workshop**.

Yours Sincerely,

Francesco Blasi

Professor of Respiratory Medicine
Department of Pathophysiology and Transplantation, Università degli Studi di Milano
Member of Board of Directors, Università degli Studi di Milano.
Head Internal Medicine Department, Respiratory Unit and Adult Cystic Fibrosis Center
Fondazione IRCCS Cà Granda Ospedale Maggiore Policlinico Milano

President Research Center Italian Respiratory Society (SIP/IRS)

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PRESIDENT

FRANCESCO BLASI

Francesco Blasi, MD, FERS is Professor of Respiratory Medicine in the Department of Pathophysiology and Transplantation at the University of Milan, Italy, as well as Head of Internal Medicine Department and Respiratory Unit of the Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico, Milan, Italy. He is also director of the Adult Cystic Fibrosis Center of the Lombardia Regional Referral CF Center and currently a member of the Board of Directors of the University of Milan.



From 2012–2013, he was president of European Respiratory Society (ERS) and from 2016–2017 president of the Italian Respiratory Society (SIP/IRS). From 2017–2018, he was president of the Italian Respiratory Society Research Center (SIP/IRS Centro Ricerche).

Professor Blasi has published more than 350 papers in international journals (January 2019: h-index: 67, Citations: 18,268).

His research interests include pneumonia, COPD, bronchiectasis, tuberculosis and NTM infections, cystic fibrosis and lung transplantation.

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SCIENTIFIC AND ORGANIZING COMMITTEE

STEFANO ALIBERTI

Stefano Aliberti is Associate Professor in Respiratory Medicine at the University of Milan and Respiratory Consultant at the Policlinico University Hospital, Milan, Italy.

He received his medical degree from the University of Milan and completed his clinical research training at the University of Louisville, KY, USA, working as member of the Community-Acquired Pneumonia Organization Database.

Most of his researches over the past fifteen years have been focused on both acute and chronic respiratory infections, and particularly on community-acquired pneumonia, bronchiectasis and non-tuberculous mycobacteria (NTM).

He is former Head of the Respiratory Infections Assembly of the European Respiratory Society, chair of the European Registry of Bronchiectasis (EMBARC), the Italian Registry of Bronchiectasis (IRIDE) and the Italian Registry of pulmonary NTM (IRENE).



CARLA COLOMBO

Carla Colombo is Professor of Pediatrics at University of Milan and Director of the Regional Cystic Fibrosis Center, at Fondazione IRCCS Ca' Granda. Ospedale Maggiore Policlinico, Milan. She was promoting member and then President of the Italian Cystic Fibrosis Society (2007 – 2010).

Prof. Colombo has devoted most of her research activity to Cystic Fibrosis, including original studies on the natural history and treatment of CF-associated liver disease, CF-related diabetes, various nutritional issues also co-authoring the last European guidelines.



She has participated to the EuroCareCF project (European Coordination Action for Research in Cystic Fibrosis), as part of the Sixth Framework Program as Leader of Workpackage 1 (Optimizing Patient Care and Team Work), and later to the Horizon 2020 project MyCyFAPP (Innovative approach for self-management and social welfare of Cystic Fibrosis patients in Europe) which led to generation of a self-management app provided with a professional web tool for pancreatic enzyme replacement therapy. Since 2012, the CF Center of Milan is part of the Clinical Trial

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Network of the European Cystic Fibrosis Society (www.ecfs.eu.ctn), and Prof. Colombo has been PI and also national coordinator in many clinical trials carried out within this network.

She is author of more than 250 publications in international journals.

STUART ELBORN

Stuart Elborn, M.D., FRCP, is clinical professor of respiratory medicine, and centre director for specialist adult cystic fibrosis Royal Brompton Hospital in London.

Prof. Elborn has been Professor of Respiratory Medicine at Queens' University Hospital in Belfast and Dean of the School of Medicine, Dentistry and Biomedical Sciences at Queens University, Belfast until 2016. He has been Non-Executive Director at Belfast Health & Social Care Trust since April 1, 2016.

Prof. Stuart Elborn trained in Belfast and helped developing Cystic Fibrosis Centres for adults in Nottingham and Cardiff. Back in Belfast in 1995 he started a new Adult Cystic Fibrosis Centre providing care for all adults with cystic fibrosis in Northern Ireland.

He was President of the European Cystic Fibrosis Society from 2008 to 2015.



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PAOLO PALANGE

Prof. Paolo Palange is Director of Pulmonary Function Unit (2001-today) and Director Division of Internal Medicine and Respiratory Medicine (2010-today) at Policlinico Umberto I – La Sapienza University of Rome.

He is Full Professor of Respiratory Medicine (2013-today) at La Sapienza University (Rome).

His main research fields are Cystic Fibrosis, COPD, Asthma, Lung Function Testing, Cardiopulmonary exercise testing, Exercise induced asthma.

He has been involved in the European Respiratory Society since '90 years. He has been chairmen of different ERS Task Forces, Seminar and Projects. He was the director of the ERS Hermes Program from 2011 to 2013.

He published more than 130 international articles and scientific works.



VALERIA RAIA

Valerie Raia graduated in Medicine in 1978 and specialized in Paediatrics in 1983.

Since 2011 she has been Associated Professor of Paediatrics at Federico II University in Naples.

She is director of the Regional Center for Cystic Fibrosis in the Naples area. She started her research path on cystic fibrosis in 1986, when she started studying on CF pathogenesis and related issues.

She has been elected President of the Italian Society for Cystic Fibrosis Study in 2017.



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MICHAL SHTEINBERG

Michal Shteinberg is heading the bronchiectasis and adult CF service in the Pulmonology institute and CF center, Carmel medical center, Haifa, Israel.

She is a clinical lecturer in the Faculty of medicine at the Technion, Israel Institute of Technology.

Main research interests are bronchiectasis and its overlap with asthma and chronic rhinosinusitis, and adult CF- mainly, female infertility in CF.



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ORGANISING ASSOCIATION

The 1st Adult Cystic Fibrosis International Workshop is organized by:



L'Association Internationale pour la promotion de Formations Spécialisées en Médecine et en Sciences Biologiques (AFISM) is an international association devoted to promoting and enhancing the continuing professional development and post-degree education in medical, scientific and technical professions. AFISM organises high level educational events, practical workshops, debates, consensus conferences and international congresses to help specialists to keep themselves up to date with all the new and quick advancements in the different disciplines.

Encouraging the networking among professionals, AFISM is also focused in strongly support the sharing of evidence-based knowledge and discourages the diffusion of practices which are not supported by evidence, preventing the circulation of harmful fake news but still maintaining an open dialogue with all the different actors.

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TOPICS

- Cancer prevention
- CF Epidemiology
- Diagnosis overview
- End of life management
- ERS/ECFS/NICE guidelines in adult patients
- Lung transplant
- Management of infections
- New treatments for Cystic Fibrosis
- NTM: how to deal with
- Patients life management
- Pregnancy in Cystic Fibrosis patients
- Social employments issues
- Transition

MAIN SESSIONS / LECTURES

- Living with cystic fibrosis
- From epidemiology to guidelines
- New treatments for cystic fibrosis
- Transition or not transition
- Management of infections
- NTM: how to deal with
- Specific adult issues
 - ✓ Wellbeing, social and employment problems
 - ✓ Pregnancy: when and how
 - ✓ End of life management

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VENUE

The 1st Adult Cystic Fibrosis International Workshop will be held in the prestigious University of Milan, on September 5th – 6th, 2019.



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Via Festa del Perdono 7
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For more information, please visit the website:
<http://www.unimi.it/>

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ORGANISING SECRETARIAT



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IMPORTANT DEADLINES



DEADLINE FOR POSTERS SUBMISSION

JULY 15TH, 2019



DEADLINE FOR EARLY REGISTRATION

JULY 26TH, 2019



POSTERS AND RISING STARS
NOTIFICATION OF ACCEPTANCE

WITHIN JULY 20TH,
2019



POSTERS AND RISING STARS DEADLINE
FOR REGISTRATION

WITHIN JULY 26TH,
2019**

***After this deadline presenters who have not registered will lose the opportunity to have their posters/presentation included in the Abstract Book and presented on site.*

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CME ACCREDITATION

EUROPEAN CME ACCREDITATION

The **request** for the **European accreditation of the 1st Adult Cystic Fibrosis International Workshop** has been submitted to the UEMS/EACCME and to the European Board for Accreditation in Pneumology (EBAP).

The acceptance and number of the granted European CME Credits will be announced in the due time.

ITALIAN CME ACCREDITATION

The workshop is accredited for Italian CME – E.C.M. thanks to the cooperation with the Italian CME Provider EVE-LAB (Agenas Provider n. 5306). More information about Italian CME and AIFA approval procedure for companies will be published on the Workshop web site from July 2019.

SPECIALTIES

The congress programme has been designed to fulfill the educational and updating needs of professionals operating in the following specialties:

- Allergology
- Immunology
- Internal Medicine
- Otolaryngology
- Respiratory Medicine
- Gastroenterology
- Paediatrics
- Radiology

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PRELIMINARY FACULTY LIST

Addy Charlotte (United Kingdom)

Aliberti Stefano (Italy)

Altenburg Josje (The Netherlands)

Assael Baroukh (Italy)

Benden Christian (Switzerland)

Blasi Francesco (Italy)

Burgel Pierre-Regis (France)

Castellani Carlo (Italy)

Cathcart Fiona (United Kingdom)

Chotirmall Sanjay Haresh (Singapore)

Colombo Carla (Italy)*

Davies Jane (United Kingdom)

Dupont Lieven (Belgium)

Elborn Stuart (United Kingdom)

Gramegna Andrea (Italy)

Haworth Charles Stephen (United Kingdom)

Madge Susan (United Kingdom)

Maetz Jessica (France)

Maisonneuve Patrick (Italy)

Makhmutova Victoria (Russian Federation)

Morlacchi Letizia (Italy)

Palange Paolo (Italy)

Plant Barry (Ireland)

Raia Valeria (Italy)

Schwarz Carsten (Germany)

Shteinberg Michal (Israel)

Simmonds Nicholas J. (United Kingdom)

Stickland Caroline (United Kingdom)

Taccetti Giovanni (Italy)

Wood Jayne (United Kingdom)

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Università degli Studi di Milano

SCIENTIFIC PROGRAMME- September 5th, 2019

12.00 – 12.30 Registration
12.30 – 13.00 Welcome address
F. Blasi (Italy)

RISING STAR SESSION

Chairs: F. Blasi, S. Aliberti, S. Elborn, P. Palange, V. Raia, M. Shteinberg

13.00-13.15 Rising Star presentation 1
13.15 – 13.30 QUESTION AND ANSWER and Advising time
13.30 – 13.45 Rising Star presentation 2
13.45 – 14.00 QUESTION AND ANSWER and Advising time

Each lecture will be followed by 10' question time and 5' of comments and advices by the Chairmen.

SESSION 1: LIVING WITH CYSTIC FIBROSIS

Chair: P. Palange (Italy) – J. Davies (United Kingdom)

14.00 -14.30 How I live with my Cystic Fibrosis
J. Maetz (France)
14.30 - 15.00 How I live with my Cystic Fibrosis Partner
J. Maetz (France)
15.00 - 15.30 Discussion
A. Gramegna (*Italy*) – L. Morlacchi (*Italy*)

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5-6 September
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Università degli Studi di Milano

SESSION 2: FROM EPIDEMIOLOGY TO GUIDELINES

Chair: F. Blasi (Italy) – V. Raia (Italy)

16.00 – 16.30

(Re)discovering mucoactive drugs in Cystic Fibrosis

C. Castellani (Italy)

16.30 – 17.00

The epidemiologic panorama of Cystic Fibrosis

PR. Burgel (France)

17.00 - 17.30

The ERS (European Respiratory Society)/ECFS (European Cystic Fibrosis Society) and NICE (National Institute for Health and Care Excellence) updated guidelines on the care of adults with cystic fibrosis

S. Elborn (United Kingdom)

17.30 -18.00

Discussion

J. Altenburg (The Netherlands) – C. Addy (United Kingdom)

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18.00 – 19.00 Pushing the Boundaries for Pseudomonas Aeruginosa Management in Cystic Fibrosis*

Chair: Charles Haworth, UK

18:00 – 18:05

Welcome & Introduction

Charles Haworth, UK

18:05 – 18:40

Alternate or Combination Antibiotic Regimens? Share Your Experience For the Best Patient Outcomes

*Stuart Elborn, UK***

18:40 – 18:55

Improving Disease Outcome by Improving Treatment Adherence

*Sylvie Leroy, France***

18:55 – 19:00

Closing Remarks

Charles Haworth, UK

***the session identified by “*” are not part of the CME Program, both for Italian CME and UEMS/EBAP Procedure. Participants cannot claim credits for these specific sessions**

****invited speakers to be confirmed**

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19.00 – 19.30 KEY NOTE LECTURE 1*

Chair: S. Elborn

New treatments for Cystic Fibrosis

J. Davies (United Kingdom)

19.30-21.00

WELCOME CEREMONY

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September 6th, 2019

8.30-9.00 KEY NOTE LECTURE 2

Chair: V. Raia (Italy)

Transition or not transition

S. Madge (United Kingdom)

SESSION 3: MANAGEMENT OF INFECTIONS

Chair: S. Aliberti (Italy) – M. Shteinberg (Israel)

9.00 - 9.30 Adults are different

B. Plant (Ireland)

9.30 - 10.00 Inhaled antibiotics

C. Schwarz (Germany)

10.00 - 10.30 Macrolides and anti-inflammatories

G. Taccetti (Italy)

10.30 - 11.00 Discussion*

J. Altenburg (The Netherlands) – A. Gramegna (Italy)

11.00-11.30 COFFEE BREAK & STROLLING POSTER SESSION

11.30 – 12.10 LECTURE & DEBATE

Chair: C. Scharwz

Continuous alternate inhaled antibiotic therapy: escalation of care or early preventive approach?" - Open Debate

S. Elborn (United Kingdom)

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September 6th, 2019

12.10 – 12.40 KEY NOTE LECTURE 3

Chair: B. Assael (Italy)

The Management of nontuberculous mycobacteria in cystic fibrosis

C. Haworth (United Kingdom)

12.40 -13.10 KEY NOTE LECTURE 4

Chair: F. Blasi (Italy)

Mycobiome in Cystic Fibrosis and beyond: a clinical perspective

S. H. Chotirmall (Singapore)

13.10-14.30 LUNCH

SESSION 4: SPECIFIC ADULT ISSUES

Chair: C. Colombo (Italy) – V. Makhmutova (Russia)

- | | |
|---------------|--|
| 14.30 – 15.00 | Making the difficult diagnosis
<i>N. Simmonds (United Kingdom)</i> |
| 15.00 - 15.30 | Cancer prevention: when, how, for whom?
<i>P. Maisonneuve (Italy)</i> |
| 15.30 – 16.00 | Lung transplantation in cystic fibrosis: indications and contraindications
<i>C. Benden (Switzerland)</i> |
| 16.00 – 16.30 | Management of pulmonary complications
<i>L. Dupont (Belgium)</i> |
| 16.30 -17.00 | Discussion
<i>L. Morlacchi (Italy)</i> |

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September 6th, 2019

SESSION 5: LIVE AND DIE WITH CYSTIC FIBROSIS

Chairs: F. Blasi (Italy) – S. Elborn (*United Kingdom*)

17.00 – 17.30 Wellbeing, Social and employment problems
C. Stickland (United Kingdom)

17.30 – 18.00 Pregnancy: when and how
M. Shteinberg (Israel)

18.00 – 18.30 End of life management
J. Wood (United Kingdom)

18.30 – 19.15 Panel Discussion
Chaired by F. Cathcart (United Kingdom)

19.15 – 19.30 CLOSING REMARKS

S. Aliberti, F. Blasi, S. Elborn, P. Palange, V. Raia, M. Shteinberg

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Milan
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REGISTRATIONS

Please register as early as possible to benefit from the Early Registration Fee. Registrations can be made directly through our website www.adultcysticfibrosis.org. Please note that registration will only be confirmed once payment has been received. The invoice that will be received serves as confirmation of registration.

REGISTRATION FEE	Early Registration Until July 26 th , 2019	Late Registration After July 26 th , 2019 and on site
POSTER PRESENTERS ¹	€ 300	€ 300
ITALIAN CYSTIC FIBROSIS CENTER RAPPRESENTATIVES ²	€ 290	€ 360
RESEARCHERS & CLINICIANS	€ 350	€ 400
NURSES, PHYSIOTHERAPISTS, TRAINEES/STUDENTS**	€ 195	€ 245
INDUSTRIES	€ 750	€ 850
PATIENTS' ASSOCIATION RAPPRESENTATIVES ³	€ 80	€ 80

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FOR EACH REGISTRATION A HANDLING FEE OF 15 € + VAT WILL BE APPLIED TO COVER ADMINISTRATIVE COSTS, BANK OR CREDIT CARD EXPENSES.

REGISTRATION FEE INCLUDES

- Attendance to the Main Scientific Sessions and workshops
- Congress kit
- Welcome Ceremony
- Lunch and Refreshments during breaks as per Workshop Program
- Entrance to the Poster Area & Exhibition

CANCELLATIONS AND REFUNDS

Cancellation or modification of registration must be sent writing to the Organizing Secretariat Publi Créations (acf@publicreations.com).

- Before 7 May 2019 all fees will be refunded minus 40 Euro + VAT for administrative charges.
- Between May 8th and June 23rd, 2019, 50% of the total amount of registrations will be refunded
- After June 24th, 2019 no refunds will be made.

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All name changes ARE FREE OF CHARGE before May 7th, 2019. After May 7th, 2019 35 Euro + VAT for each change. All refunds will be settled after the meeting.

WORKSHOP GENERAL INFORMATION

ADMISSION

The participant's name badge will be provided at the registration desk. All participants are requested to wear the badge throughout the congress. Only badge holders will be admitted to the appropriate sessions, exhibition and social events.

PRESENCE CONTROL

Effective attendance is checked through badge scanning when going in and coming out of the plenary room.

CERTIFICATE OF ATTENDANCE

The certificate of attendance will be downloadable from the website www.adultcysticfibrosis.org using the personal log-in credentials sent by e-mail, starting from 14 July 2019.

Important note: Certificate of attendance would be delivered only to registered participants who attend at least 6 hours of congress sessions.

For Sponsored Groups: Please note that in order to send the certificate of attendance to each participant, we will need the personal e-mail.

CME ACCREDITATION

An application will be submitted to EACCME® (European Accreditation Council for Continuing Medical Education) and EBAP (European Board for Accreditation in Pneumology) for CME accreditation of this event.

Italian CME procedure will be made. Please consult the Workshop website from March 2019 to have more information.

AIFA

For Italian Sponsors or Sponsored Groups from Italy, the AIFA dossier should be submitted no later than May 20th, 2019. Please contact the secretariat to know which is the Italian Agency taking care of the AIFA pre-request.

LANGUAGE

The official language of the Congress is English. No simultaneous translation will be provided.

LETTER OF INVITATION

The Secretariat will be pleased to send letters of invitation to any individual making such request. A letter of invitation often facilitates the procedure of obtaining a Visa. Please note that the letter is not a commitment on the part of the Workshop to provide any financial support.

SECRETARIAT

The secretariat desk will open on Thursday, September 5th, 2019, and stay open throughout the Congress.

INSURANCE

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The Congress organizers cannot accept liability for personal injuries sustained, or for loss or damage to property belonging to Congress participants, either during or as a result of the Congress. Registration does not include insurance. It is strongly recommended that you take an insurance policy of your choice as you register for the Congress and book your travel.

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